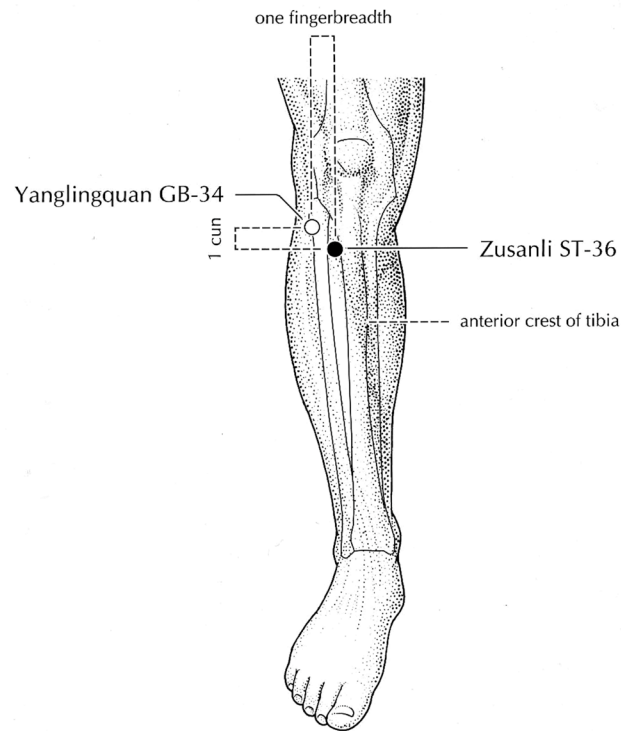


## Zusanli ST-36

### Point Location

This point is located below the knee, 4 finger widths (or 3 cun) below the outside knee eye (Dubi St-35), and one finger-width lateral to the crest of the tibia (shin bone).



### Moxa Technique

For instructions on how to use moxa on Zusanli ST-36 and other acupoints, please refer to the leaflet Guidelines for Using Moxa